



Republic of the Philippines
Department of Education
REGION V
SCHOOLS DIVISION OF SORSOGON CITY

Office of the Schools Division Superintendent

July 1, 2026

DIVISION MEMORANDUM

No. 213 s.2026

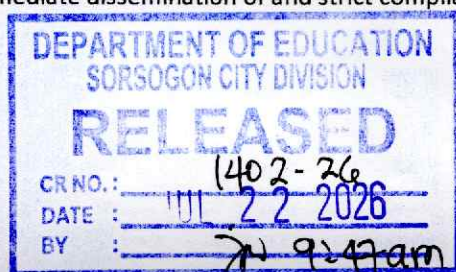
To: Assistant Schools Division Superintendent
Chief, SGOD and CID
Public Schools District Supervisors
Public Elementary/Secondary School Heads
All Others concerned

SUBJECT: 2026 NUTRITION MONTH CELEBRATION ALIGNED WITH THE OPLAN KALUSUGAN SA DEPED-HEALTHY LEARNING INSTITUTIONS (OKD-HLI) FRAMEWORK

1. In compliance with PD No. 491 (Nutrition Act of the Philippines) and the mandate of **Oplan Kalusugan sa DepEd - Healthy Learning Institutions (OKD-HLI)** under **RA 11223**, this Division announces the celebration of the **2026 Nutrition Month**, with the theme: **"Nutrisyon at Kalikasan, Ating Pangalagaan."**
2. This year's celebration focuses on institutionalizing health promotion and integrating nutrition standards into the school ecosystem to satisfy the criteria in the **HLI Self-Appraisal Checklist (SAC)**.
3. Pursuant to **DO No. 9, s. 2005** (Time-on-Task policy), **no regular classes shall be disrupted**. Activities must be seamlessly integrated into existing curricula (MAPEH, TLE/EPP), break times, or home-based tasks.
4. Schools may implement the following non-disruptive, OKD-HLI-aligned activities:

OKD-HLI Pillar Affected	Suggested Non-Disruptive Activity	Mechanics & Modality
1. Health Skills & Education	Integrative Nutri-Slogan / Art	Completed at home as an asynchronous Performance Task for MAPEH or TLE.
2. Physical School Environment	School Canteen Green Menu Promo	Canteens will display and strictly sell only "Green Category" foods (per DO 13, s. 2017) during recess.
	Enhanced <i>Galaw Pilipinas</i>	Regular execution of the national calisthenics' routine during the Flag Ceremony (per DO 60, s. 2021).
3. Access to Health Care & Nutrition	Division School-Based Feeding Program Launch (2 nd week of August)	Timed strictly during regular designated feeding intervals without hitting core instructional time.
4. Social School Environment	Home-Based <i>Pinggang Pinoy</i> Challenge	Weekend family cooking activity documented via photo/video to boost parent-partner health literacy.

5. School Heads may utilize the school MOOE or canteen funds for nutrition advocacy materials, subject to standard accounting rules.
6. Narrative and pictorial reports applicable to the school's **HLI Self-Appraisal Checklist**, shall be submitted to the SDO Health and Nutrition Section.
7. Immediate dissemination of and strict compliance with this Memorandum is directed.



WILLIAM E. GANDO, CESO VI
Schools Division Superintendent