



Republic of the Philippines  
**Department of Education**

REGION V  
SCHOOLS DIVISION OF SORSOGON CITY

**Office of the Schools Division Superintendent**

**JUL 06 2026**

July 5, 2026

**Division Memorandum**

No. 201 s. 2026

**INVITATIONAL TRAINING-WORKSHOP FOR PROJECT LOVE  
MENTAL WELLNESS PROGRAM**

TO: Assistant Schools Division Superintendent  
Chief Education Supervisors (CID & SGOD)  
Public Schools District Supervisors  
Public Secondary School Heads  
All Others Concerned

1. In response to the increasing need to promote the mental health and overall well-being of our school communities, this Office announces the invitation from CrossDrive Missions for all secondary public school teachers, school heads, non-teaching personnel and guidance and counselors to participate in Project LOVE (Life Orientation through Values and Emotional Wellness).
2. Project LOVE is a holistic mental wellness program designed to strengthen protective factors by promoting emotional resilience, healthy coping skills, positive relationships, and responsible decision-making. Beyond seminars, this event aims to develop a pool of trained facilitators equipped with the practical knowledge and educational resources to sustain mental wellness education within our schools.
3. The sessions will be facilitated by licensed mental health professionals, Dr. Glenn T. Repique, RPsy, and Dr. Richel Rose T. Berbosos, RGC. Topics to be covered include:
  - a) Understanding Mental Health and Emotional Well-being
  - b) Building Emotional Resilience
  - c) Developing Healthy Relationships and Communication Skills
  - d) Bullying Prevention and Peer Support
  - e) Suicide Awareness and Appropriate Help-Seeking
  - f) Purpose, Hope, and Personal Flourishing



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4. In strict adherence to DepEd Order No. 9, s. 2026 re: "Guidelines on the Implementation of the Three-Term School Calendar in Basic Education", the schedule has been set after regular school hours to ensure that there is no disruption to classes and instructional time. The training details are as follows:  
Dates: July 6 - 9, 2026  
Time: 4:30 PM - 8:00 PM  
Venue: SPES Gabaldon Hall
5. Registration, travel and all other expenses incurred relative to this activity, shall be charged against school Maintenance and Other Operating Expenses (MOOE) funds, subject to the usual accounting and auditing rules and regulations.
6. School Heads are encouraged to support the attendance of their teachers as this initiative directly complements our existing guidance and values education initiatives.
7. Immediate and wide dissemination of this Memorandum is desired.

**WILLIAM E. GANDO, CESO VI**  
Schools Division Superintendent

